



THE BAY  
RESTAURANT

# ME NU

## LUNCH TIME SPECIAL OFFER R75

ONLY AVAILABLE TUESDAY - FRIDAYS FROM 12:00 - 16:30  
(NO DISCOUNT ON MEMBERSHIP CARDS APPLICABLE)

### FISH & CHIPS

Traditional fried beer battered hake or grilled

### CALAMARI STRIPS

Crumbed and deep fried served with tartare sauce

### CHICKEN STRIPS

Crumbed and deep fried served with cheese, pepper or mushroom sauce

### CHICKEN SCHNITZEL

250g crumbed chicken breast served with cheese, pepper or mushroom sauce

### STEAK EGG & CHIPS

150g sirloin steak topped with a fried egg

### PREGO STEAK **SPICY**

150g sirloin steak marinated in a spicy Prego sauce

### BANGERS & MASH

3 Pork bangers with onion gravy on creamy mashed potatoes

## CURTAIN RAISER

### CHICKEN WINGS R65

Grilled & served with BBQ or HOT peri-peri sauce

### CALAMARI STRIPS R55

Crumbed & deep fried served with tartare sauce

### CHILLI POPPERS R70

Filled with 3 cheeses & served with gaucomole & sour cream

### CHICKEN STRIPS R55

Crumbed & deep fried served with a sweet chilli sauce

## SALAD & WRAPS

### TIKKA CHICKEN R80

Grilled tikka chicken, mixed lettuce, rocket, cherry tomatoes, cucumber, avocado served with tzatziki

### HONEY MUSTARD CHICKEN R90

Bacon, chicken, avocado, mixed lettuce, rocket, cherry tomatoes, feta & red onion served with a honey mustard dressing

ANY CHOICE OF THE ABOVE SALADS WRAPPED IN A SOFT TORTILLA  
AND SERVED WITH FRIES ADD R20

## SIDE ORDERS - R25

Small Chips / Onion rings/Side Salad/Creamed spinach

## SAUCES - R22

Cheese/Mushroom/Pepper/Prego

## MAIN GAME

### \* CALAMARI STRIPS R105

250g calamari crumbed and deep fried served with tartare sauce

### \* CHICKEN SCHNITZEL R105

300g crumbed chicken breast served with cheese, pepper or mushroom sauce

### \* FISH & CHIPS R95

Traditional fried beer battered hake or grilled

### CURRY OF THE DAY **MILD** R105

Delicious curry served with sambals & poppadom

### \* PORK SPARE RIBS R155

600g (uncooked) succulent pork ribs marinated & basted with our secret honey & soya basting

### \* SIRLOIN STEAK R140

250g sirloin steak served with a choice of 2 eggs or mushroom, pepper, cheese sauce

### THE BAY PLATTER R250 SERVES 2 PEOPLE

Chilli poppers, crumbed chicken, fried calamari strips, BBQ wings, pork ribs, chips & onion rings

ALL THE ABOVE ITEMS MADE \* SERVED WITH YOUR CHOICE OF  
FRIES OR SIDE SALAD

## BURGERS

CHOICE OF BEEF OR CHICKEN CRUMBED OR GRILLED

### BAY BURGER R75

Served on an open bun with rustic fries

### BAY SAUCE BURGER R85

Topped with one of our sauces of your choice

### BAY CHEESE BURGER R85

Topped with slab of cheese

### SOUTHERN STYLE BURGER R80

Deep fried southern style chicken

### TROPICAL BURGER R110

Pineapple, cheese slice & mushroom sauce

### BACON & EGG BURGER R95

Crispy bacon & a fried egg

### CHILL POPPER BURGER R115

2 HOT poppers, cheese slice, gaucomole & sweet chilli sauce

### GOURMET BURGER R110

Bacon, feta & guacamole

### STEAK BURGER R140

150g Sirloin basted with our homemade basting sauce

### PREGO STEAK BURGER R140

150g Sirloin smothered with our prego sauce

ALL BURGERS SERVED WITH FRIES

CHECK MORE ITEMS AT THE BACK



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## PIZZA

- 
- FLAT BREAD R55**  
Garlic, olive oil pizza base topped with mozzarella cheese & rosemary
- MARGHERITA R55**  
Tomato base with mozzarella
- VEGETARIAN R75**  
Olives, feta, Rosa tomatoes & basil pestro
- HAWAIIAN R75**  
Bacon & Pineapple
- TIKKA CHICKEN SPICY R105**  
Tikka chicken, jalapenos, bacon & feta
- CONSTANTIA R110**  
Bacon, caramelised onion, camembert & rocket
- CALIFORNIA R110**  
Bacon, avocado (seasonal), feta
- SRIRACHA CHICKEN R110**  
Sriracha mayo chicken, bacon, jalapenos, pineapple & feta
- SALAMI R105**  
Salami, red & green peppers, Rosa tomatoes, olives & rocket
- FOUR SEASONS R110**  
Mushrooms, salami, olives, peppers & onions

## DESSERT

- 
- MALVA PUDDING R50**
- BARONE CHOCOLATE CAKE R55**
- ICE CREAMED & CHOCOLATE SAUCE R45**

## DRINKS MENU

- MILKSHAKES**  
Vanilla, Strawberry, Chocolate, Coffee shake R30
- FRUIT JUICES**  
Apple, Orange, Mango R32

## HOT BEVERAGES

- 
- FILTER COFFEE, DECAF FILTER COFFEE, ROOIBOS TEA, CEYLON TEA R20**
- CAPPUCCINO/LATTE R25**
- HOT CHOCOLATE R30**
- SPIRIT COFFEES: KAHLUA/WHISKEY R40**

## DON PEDROS

- AMARULA, PEPPERMINT, KAHLUA, WHISKEY R45**

## HOUSE WINES

- WHITE (ZEVENWACHT SAUVIGNON BLANC) R35 R90**
- RED (ZEVENWACHT ROOD) R35 R90**
- ROSE (ZEVENWACHT ROSE) R35 R90**

## BUBBLES

- 
- LEOPARDS LEAP SPARKLING ROSE R200**
- LORMARINS BRUT CLASSIQUE R265**
- SIMONSIG KAAPSE VONKEL ROSE R295**


## WHITE WINES

- 
- KLEIN CONSTANTIA KC SAUVIGNON BLANC R55 R160**
- SPLATTERED TOAD SAUVIGNON BLANC R45 R130**
- LAMOTTE SAUVIGNON BLANC R60 R180**
- KEN FORRESTER PETIT CHENIN BLANC R45 R130**
- KLEINE ZALZE CHENIN BLANC R50 R140**
- PROTEA CHARDONNAY BY ANTHONIJ RUPERT R45 R130**
- LEOPARDS LEAP LOOKOUT SEMI SWEET R40 R120**

## WHITE BLENDS

- BUITENVERWACHTING BUITEN BLANC R45 R130**
- LEOPARDS LEAP CHARDONNAY PINOT NOIR R50 R140**

## RED WINES

- 
- BEYERSKLOOF PINOTAGE R60 R180**
- ERNIE ELS BIG EASY CAB / SAUV R55 R170**
- KEN FORRESTER PETIT CAB / SAUV R50 R140**
- PROTEA MERLOT BY ANTHONIJ RUPERT R50 R140**
- PROTEA SHIRAZ BY ANTHONIJ RUPERT R50 R140**

## RED BLENDS

- KLEIN CONSTANTIA KC CABERNET SAUVIGNON/MERLOT R55 R160**
- GROOTE POST OLD MANS BLEND R55 R160**
- THE WOLFTRAP R45 R130**